



**WILLIAM JAMES
COLLEGE**



Spring 2025 Newsletter

Quarterly Newsletter

MVP and TVTV Newsletter

Your leading source for important updates related to our support to servicemembers, veterans and their families at William James College.

Welcome to William James College! Whether you are an incoming student or in your final year, we encourage you to take part in the Military and Veteran Program (MVP), if you are interested in working with servicemembers, veterans or their families (SMVF). If you are a SMVF or connected, and would like to get involved in our research outreach or community training please consider getting involved with our support of Train Vets Treat Vets (TVTV) programs which continues to grow and evolve to meet the needs of WJC students and the community. We are looking for student leaders to join our team! We'd love for you to stop by to check us out! Our dedicated team of faculty, staff, and students is here to support you and help you thrive during your time with us. We're here to help you build the skills and experience needed for a career focused on supporting service members, veterans, and their families. Keep reading to see how you can become involved!



Veteran Community Members at William James College

[Visit our MVP Website](#)

Recent Engagement

Welcome Our Newest Members of the TVTV Program!

We are thrilled to welcome both **Ana Bueso** and **Sean Paul**!

We are excited to welcome **Ana Bueso** to the TVTV team! Ana brings both her experience and a deep passion for supporting service members, veterans, and their families. Ana is a highly organized professional and is skilled in nonprofit administration, program coordination, and client relations. Her dedication and experience will be a valuable asset to our team as she contributes to the success of the SAFEGUARD Initiative. Please join us in welcoming her!



We are thrilled to welcome **Sean Paul** to the TVTV team. Sean is a former Marine who served as a TOW gunner with 1st Tank Battalion from 2002 to 2006. During this time, he deployed for the invasion of Iraq as well as a tour in Fallujah. Sean works as a full-time police officer with a major municipality and is a recent graduate of



William James College's PsyD program. His personal and professional interests focus on the military, veteran, and first responder communities. Sean has joined WJC to complete a two-year postdoctoral fellowship. During his time with us, he will be working with the TVTV program. Military related students, or those interested in the military or first responder communities, are encouraged to reach out and connect with him. Email: Sean.paul@williamjames.edu

SAFEGUARD Initiative- New Grant Aimed at Suicide Prevention



Congrats on your recent work!

Our very own **Dr. Jenny D'Olympia** is the Co-Investigator of the third and final component of the SAFEGUARD initiative, which is a 36-month, grant-funded project aimed at developing a comprehensive suicide prevention strategy for active-duty Service Members. Dr. Jenny D'Olympia, with the help of **Ms. Ana Bueso**, Research Assistant, will support the development, training, and clinical oversight of the Pathfinding component.

This national initiative aims to equip Service Members with the skills and resources necessary to build resilience and reduce suicide risk throughout their military careers. This program provides universal and targeted interventions at critical points during military service. The SAFEGUARD initiative includes these three components:

- 1. Life Skills** – Early intervention through remote group training, a mobile app, and daily motivational texts, focusing

on healthy habits and social connection.

2. **Life Force** – A remote program to build resilience, teach behavioral skills, and strengthen relationships.

3. **Pathfinding** – Six months of remote case management following psychiatric hospitalization, combining two evidence-based approaches to support transition and prevent suicide.

William James College is proud to collaborate with the Uniformed Services University and the Henry Jackson Foundation on this important initiative. Congratulations, and best wishes to Dr. D'Olympia and Ana as they begin this critical work.

Moral Injury Research from one of our Graduates - Alexis Childs!

Current Treatment Options in Psychiatry (2025) 12:7
<https://doi.org/10.1007/s40501-024-00342-9>

REVIEW



A Systematic Review and Meta-Analysis of Moral Injury Outcome Measures

Brandon J. Griffin^{1,2} · Larry R. Price³ · Zakery Jenkins¹ · Alexis Childs¹ · Lauren Tong² · Rebecca A. Raciborski^{1,2} · Marcela C. Weber^{1,2} · Jeffrey M. Pyne^{1,2} · Shira Maguen^{4,5} · Sonya B. Norman^{6,7} · Dawne Vogt^{8,9}

Congrats on your recent work!

We're proud to celebrate **Alexis Childs**, a William James College Clinical Psychology graduate (Class of 2024) for her recent publication, "*A Systematic Review and Meta-Analysis of Moral Injury Outcome Measures*," published in December 2024. As evidence grows regarding the serious mental health consequences of exposure to potentially morally injurious events (PMIEs), the need for reliable and validated tools to assess moral injury has become increasingly urgent. We are incredibly proud of Alexis and the meaningful contributions she is making to the field. Her dedication to advancing mental health care for the military community, exemplifies the spirit of William James College, and we're honored to call her one of our own.

Leading by Example: CPT Lindsey Einhorn's Mission Beyond the Military



Do you have questions about joining the military as a psychologist?

We are proud to celebrate CPT Lindsey Einhorn, PsyD, a distinguished William James College alumna (2019) whose dedication to service and leadership continues to inspire others. Dr. Einhorn has built a remarkable career serving in the U.S. Army as a Command Psychologist. She is currently stationed at the 528th Sustainment Brigade (SO)(A) at Fort Bragg, NC, and encourages anyone with questions or interests in a potential career in the military to reach out to her.

Email: sweitzerli@gmail.com or lindsey.s.einhorn.mil@socom.mil

Recognizing the Success of William James College Clinical Psychology Intern, Tanjira Spaulding



Congrats on your hard work so far, we cannot wait to see what your future holds!

Tanjira Spaulding is a 5th year student at William James College's clinical psychology doctoral program. Tanjira earned her bachelor's degree in political science at the University of Hawaii at Manoa in 2014 followed by a master's in psychology from William James College in 2022. She was commissioned through the HPSP program in 2022 and is currently a predoctoral intern at Tripler Army Medical Center in Honolulu, Hawaii. Over the past six months, she has been serving in the multi-disciplinary behavioral health clinic, providing individual psychotherapy to active-duty service members and conducting a wide range of specialty evaluations. These evaluations include recruiter, White House, security clearance, aeromedical, chapter, commissioning, command-directed behavioral health, officer elimination, and armorer evaluations. In the upcoming months, she will begin her next rotations in neuropsychology and behavioral medicine. Additionally, she is scheduled to attend the Basic Officer Leadership Course (BOLC) in October of 2025 to continue her training as a commissioned officer in the U.S. Army. In the future, Tanjira hopes to obtain a position at the only APA accredited postdoctoral fellowship in forensic psychology at the Walter Reed National Military Medical Center (WRNMMC).

GI Bill - 12 Month Extension

Update on GI Bill Benefits: On April 16, 2024, the Supreme Court of the United States decided that if you served at least two periods of service—one that qualifies for the Montgomery GI Bill (MGIB) and another that qualifies for the Post-9/11 GI Bill (PGIB)—you may be eligible to receive additional GI Bill benefits. View the link here and find specific changes below:

[Link Here](#)

BEFORE

- Beneficiaries eligible for both MGIB and PGIB were required to waive MGIB eligibility to begin using PGIB benefits.
- PGIB entitlement was limited to the amount of remaining MGIB entitlement.
- Previous elections to waive MGIB could not be revoked.

NOW

- Beneficiaries impacted by the Court's decision are no longer required to waive MGIB eligibility to use PGIB benefits when applying.
- PGIB entitlement is no longer limited to the amount of remaining MGIB entitlement, but beneficiaries are still subject to the 48-month limit for combined benefits under multiple programs.
- Previous elections to waive MGIB in order to use PGIB can be revoked.

Announcements

Experiential Groups

Join us this Fall! Experiential groups remain are an excellent way for connecting and networking with fellow students who share an interest in working with the military and veteran community. Since the inception of the program in 2009, these groups have served as welcoming space, as well as a valuable opportunity to engage in a supportive learning community, comprising non-military, military, and veteran students alike. Gathering weekly throughout the semester, discussions are tailored to the interests and inquiries of participants. For example, during the 2023/2024 academic year, topics ranged from assisting veterans in accessing support services, transitioning from military to academic life, as well as discussing the emerging research on psychedelic-assisted therapy. We want to thank all of you who have participated over this past academic year and look forward to welcoming new members in fall of 2025.

In **Fall 2025** we will begin our new experiential group and all are welcome. Stay tuned for the time and classroom in our next newsletter. Until then, if you have any questions please contact, Dr. David Haddad @ david_haddad@williamjames.edu

“I’m thankful for this group as it provides me with a safe space to feel connected with other military and veteran students.”
—student feedback, 2024

Continuing Education Credits

Suicide Prevention for Military, Veterans, and Law

Enforcement through Safer Firearm Storage: Lethal Means Counseling

When: Friday May 9th, 2025

Where: In person at William James College

Time: 9:30AM-3:30PM Eastern Time

Cost: \$80

CE Credits: 4.5

Program Summary: This program will provide clinicians with the background knowledge about firearms, safe firearms storage, firearms safety and the laws of firearms ownership in Massachusetts to improve their knowledge, vernacular and confidence, when discussing suicide prevention as it relates to firearms and safer firearms storage with military and veterans in the community. This training will also discuss the relationship veterans and law enforcement have with firearms. It will provide an overview of tools for suicide risk screening and will offer specific questioning and scenarios related to risk of death by suicide with firearms demonstrated and practiced through role play. Although this program focuses specifically on law enforcement and military culture, it is not limited to those groups and can be applied to many other populations.

Practitioners of all levels and experiences are encouraged to attend!

Click here for more information or to register: [Click Here](#)

Traumatic Brain Injury: What We Know, What We're Learning, and What Are the Treatments

When: June 6, 2025

Stay tuned for more information

Program Summary: This continuing education program offers a comprehensive exploration of Traumatic Brain Injury (TBI). The presentation opens with a definition of TBI, a differentiation of its severity levels-mild, moderate, and severe, and provides an overview of the primary causes among veterans and other populations. Participants will also gain a deep understanding of the physiological mechanisms behind TBI and a review of rehabilitation

and emerging treatment strategies will be provided. This presentation offers a holistic view of treatment to improve outcomes for those with TBI.

Number of CE Credits: 1 Continuing Education Credit Available

Cost: This program is \$10

[WJC CE Website](#)

Contact Us!

Still have questions about the MVP/TVTV programs?

Watch our recent MVP/TVTV informational video and get to know Dr. Jenny D'Olympia, Associate Professor and Core Faculty in the Counseling and Behavioral Health Department, and Director of the Train Vets to Treat Vets program. Dr. D'Olympia shares her personal experience as an Air Force Veteran and provides information about our Military and Veterans Psychology program for military, veterans, and civilians. This concentration will provide students with the tools, hands-on experiential learning, and cultural intelligence to deliver services to the military, veterans, and their families. For more information, please visit:
www.williamjames.edu/mvp

[Watch the Video Here!](#)

Connect with Us on LinkedIn

Join our Military and Veteran community by following us on LinkedIn!

[Follow Us Here](#)

Interested in joining our military programs? Would you like to find out more? We're excited to connect with you! please view the MVP and TVTV points of contact below or

email us: mvp@williamjames.edu

Jenny D'Olympia, PsyD, LMHC, LP, HSP (she/her)

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We hope you will join us for our future training events. We provide quarterly newsletters, so please stay tuned for our next edition. Thank you for following us and being a part of our community!

[Visit our MVP Website!](#)

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